

Masterclass Series



Orthopaedic Masterclass Series





Orthopaedic Masterclass Series 2010

Welcome to the Orthopaedic Masterclass Series 2010



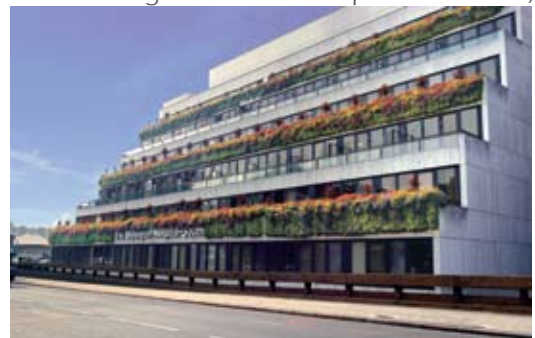
Keith Hague

Chief Executive

The Wellington Hospital

Following on from the hugely successful Orthopaedic Masterclass Series held during 2009 we have decided to run a second series in 2010. Once again we will be highlighting issues across the orthopaedic specialties of Hip, Knee, Foot & Ankle, Spine, Peripheral Nerve and Upper Limb.

Our exciting range of new topics will include sessions on High Performance Sports Medicine, State of the Art in Spinal Surgery, an innovative Question Time approach to Sports Injuries of the Knee plus Life as a Special Forces Surgeon. Our speakers – who are all Consultants at The Wellington Hospital – will be talking on subjects in which they have an international reputation. In addition, we plan to introduce some influential guest speakers at some of the sessions.



These free, evening events, to be held monthly, will all take place at the Huxley Lecture Theatre, London Zoo and each presentation will be followed by a buffet dinner. The full programme is outlined on the next few pages so that you can put these dates in your diary for 2010. We will circulate a detailed programme and booking form 2-3 weeks in advance of each specific event.

If you need any further assistance or information, please do not hesitate to contact The Wellington Hospital events office on 07967 032441.

I look forward to seeing you at these events throughout 2010.

Keith Hague

Chief Executive, The Wellington Hospital

Masterclass Events Diary

MASTERCLASS ONE

Tuesday 26 January
Running Injuries

MASTERCLASS TWO

Tuesday 23 February
Question Time: Sports Injuries of the Knee

MASTERCLASS THREE

Tuesday 23 March
Trauma Surgery

MASTERCLASS FOUR

Tuesday 27 April
State of the Art in Spinal Surgery

MASTERCLASS FIVE

Tuesday 25 May
Knife Edge- Life as a Special Forces Surgeon

MASTERCLASS SIX

Tuesday 29 June
High Performance Sports Medicine

MASTERCLASS SEVEN

Tuesday 27 July
Common Hand Problems

MASTERCLASS EIGHT

Tuesday 28 September
Lumbar Spine Surgery in 2010

MASTERCLASS NINE

Tuesday 19 October
Peripheral Nerve Injury + Joint Reconstruction

MASTERCLASS TEN

Tuesday 16 November
Arthritis of the Knee

MASTERCLASS ELEVEN

Tuesday 7 December
Hand Injuries





Orthopaedic Masterclass Series 2010

Tuesday 26 January

Masterclass One

Running Injuries

Humans leap from one leg to the other while running. Each leap raises the center of gravity during take-off and lowers it on landing as the knee bends to absorb the shock. At mid arc, both feet are momentarily off the ground. Because of its high-impact nature, many injuries are associated with running.

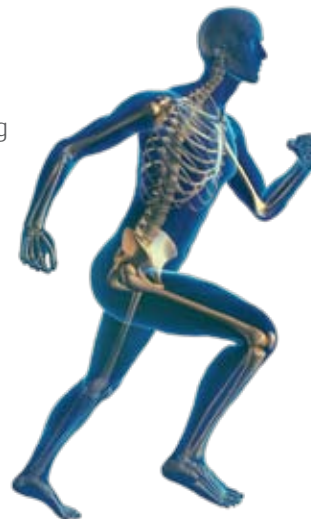
The team from the Foot and Ankle Unit are delighted to start the new Orthopaedic Masterclass programme for 2010 with a session on Running Injuries. Covering stress injuries, Achilles tendinosis, heel pain, impingement and current concepts together with a guest speaker from the world of athletics, this session sets the scene for the coming year of exciting new orthopaedic masterclasses.



Mr Mark Herron
MB, ChB, FRCS (Tr & Orth)



Mr Nick Cullen
BSc(Hons), FRCS,
FRCS (Tr & Orth)



Mr Simon Moyes
MB FRCS, FRCS (Orth)

Tuesday 23 February

Masterclass Two

Question Time: Sports Injuries of the Knee

Chairman: Mr George Dowd

The BBC's Question Time has become something of a national institution over the last 30 years and now the Knee Unit offers you the unique opportunity to quiz our panel of top Knee Surgeons in its own version of this popular programme.

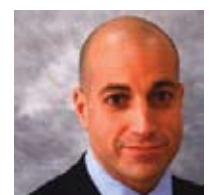
There must be many hot topics you'd like to debate about Sports Injuries of the Knee, but as time is limited we will be asking you each to submit just 2 issues that you would like to discuss, so that we can select a balanced cross section of questions to ensure lively and informed debate. Forms for this will be sent to you early in February.



Mr George Dowd
MD, MCh (Orth), FRCS



Mr Howard Ware
FRCS (Orth)



Mr Fares Haddad
BSc (Orth), FRCS (Ed),
Dip Sport Med, FFSEM



Mr Jonathon Lavelle
FRCS (Orth)



Mr David Hunt
FRCS FRCS (Ed)



Mr David Sweetnam
FRCS (Orth), Dip Sports Med

Masterclass Series

Tuesday 23 March

Masterclass Three

Trauma Surgery

Orthopaedic trauma conditions can include fractures and dislocations as well as soft tissue injuries caused by traumatic events. This patient group generally demands high quality surgery and speedy recovery in order to achieve a quicker return to pre-injury levels of activity and work. In this session we will explore three common areas of trauma surgery – wrist trauma, fractures around the knee and hip trauma.



Mr Elliot Sorene
MBBS, FRCS (Tr & Orth),
EDipHS



Mr Mark Rickman
MD FRCS (Tr & Orth)



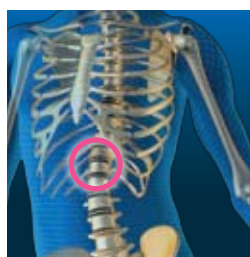
Mr Rahul Patel
MBBS, MRCS (Eng), MD, FRCS
(Tr & Orth)



Mr Stewart Tucker
MBBS, FRCS (Eng),
FRCS (Orth)



Mr Adrian Casey
MBBS FRCS SN



Mr Ben Taylor
MB BS, MCH (Orth), FRCS.
FRCS (Ed)

Tuesday 27 April

Masterclass Four

State of the Art in Spinal Surgery

Techniques in Spinal Surgery have, and continue to evolve very rapidly.

At this Masterclass, the Surgeons of the Wellington Spinal Unit will explain and share their experience of procedures that have an established role in the management of spinal problems.



Orthopaedic Masterclass Series 2010

Tuesday 25 April

Masterclass Five

Knife Edge – Life as a Special Forces Surgeon

Orthopaedic surgeon Richard Villar is used not just to saving lives, but to risking his own. As a surgeon with the elite British special forces, Mr Villar worked in trouble spots around the world such as Lebanon, Bosnia, Central America and Northern Ireland.

In this session he details his extraordinary career including; exploits such as operating with gunfire outside his consulting room, and risking death in sniper alley to treat both soldiers in his regiment and innocent civilians. This session will be augmented by a guest speaker from the military.



Mr Richard Villar
BSc, MA, MS, FRCS



Tuesday 29 June

Masterclass Six

High Performance Sports Medicine



Whether people are reluctant exercisers, enjoy sports as part of their daily life or indeed live for sport, there are times when activity can result in injury or illness. The Wellington Sports Medicine Unit is the focus for a wide range of expert, supportive and integrated specialist units with treatments to help ensure that a person's relationship with their chosen sports or activity is as healthy and sustainable as possible. This can mean a fast response to minimise damage from traumatic injury, or a timely diagnosis and design of a personal rehabilitation programme to avoid future sports injuries and musculo-skeletal problems.

This masterclass will focus on:

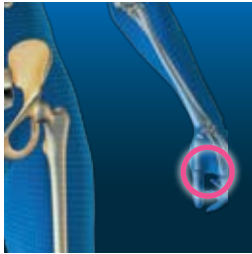
- Advanced Management in Soft Tissue Injuries
- Bone Injury in Sport



Dr Cathy Speed
BMed Sci, Dip Sports Med,
MA, PhD, FRCP, FFSEM (1) UK



Dr Roger Wolman
MD, FRCP, FFSEM



Tuesday 27 July

Masterclass Seven

Common Hand Problems

The London Hand & Wrist Unit is recognised internationally as providing expertise and high quality care for all patients, adults and children alike, with conditions affecting the upper limb. The London Hand & Wrist Unit specialises in the surgical and non-surgical treatment of all conditions relating to the hand and wrist.

Topics include:

- Common Hand Problems in General Practice
- Lumps in Hands
- Hand Injuries: What to do
- Sports Injuries to the Wrist
- The Dark Side of the Wrist



Mr Giles Bantick
FRCS



Ms Alice Bremner-Smith
FRCS



Mr Rupert Eckersley
FRCS



Mr David Floyd
MSc, FRCS, FRCS (Plast)



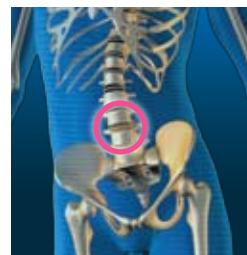
Mr Nick Goddard
MB, BS, FRCS

Tuesday 28 September

Masterclass Eight

Lumbar Spine Surgery in 2010

Demand for treatment of the lumbar spine is increasing and many new procedures are being evolved. At this Masterclass, the Surgeons of the Wellington Spinal Unit will describe the latest developments.



Mr James Allibone
BSc FRCS (SN)



Mr Lester Wilson
MB, BS, BSc (Hons),
FRCS (Eng), FRCS (Orth)



Mr Tom Ember
MBBS, MRCS (Lon & Glas),
FRCS (Tr & Orth)



Orthopaedic Masterclass Series 2010



Mr Richard Carrington
MBBS FRCS (Orth)

Tuesday 19 October

Masterclass Nine

Peripheral Nerve Injury and Joint Reconstruction

A combined presentation by the peripheral nerve injury and joint reconstruction teams, this session looks at

- When Knee Injuries Go Bad (case studies of complex injuries involving nerves)
- When Nerve Decompression Goes Bad (case studies of tertiary referral nerve entrapment)



Mr Mike Fox
MBBS, BSc (Hons) FRCS
(Trauma & Orth)



Mr Marco Sinisi
MD



Tuesday 16 November

Masterclass Ten

Arthritis of the Knee

There are three types of arthritis that may affect the knee joint:

- Osteoarthritis – the most common form of knee arthritis. This is usually a slowly progressive degenerative disease in which the joint cartilage gradually wears away. Most often it affects middle-aged and older people.
- Rheumatoid arthritis is an inflammatory type of arthritis that can destroy the joint cartilage and can occur at any age.
- Post-traumatic arthritis can develop after an injury to the knee. It is similar to osteoarthritis and may develop years after a fracture, ligament injury or meniscus tear.

In this session we consider various treatment options.



Mr Fares Haddad
BSc (Orth), FRCS (Ed),
Dip Sport Med, FFSEM



Mr David Hunt
FRCS FRCS (Ed)



Mr Jonathon Lavelle
FRCS (Orth)



Mr Howard Ware
FRCS (Orth)



Mr George Dowd
MD, MCh (Orth), FRCS



Mr Andrew Williams
MBBS, FRCS, FRCS (Orth)



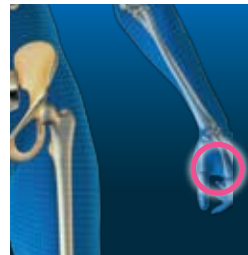
Mr David Sweetnam
FRCS (Orth), Dip Sports Med

Tuesday 7 December

Masterclass Eleven

Hand Injuries

Hand injuries are very common presentations both in primary care and in the accident and emergency department. Sporting injuries are particularly common and may result in significant short-term and long-term impairment in function. These can include general fractures, Carpal Tunnel Syndrome, Dupuytren's and general wear and tear.



Mr Paul Smith
MB, BS, FRCS, RCSPG,
FRCS (Eng)



Mr Brian Cohen
MD, FRCS (Orth)



Miss Kate Owers
MS (Oxon), FRCS, BSSH



Mr Neil Toft
BSc, MBChB, MD,
FRCS (Plast)



Ms Barbara Jemec
MD, FRCS (Plast),
EBOPRAS



Mr Raj Ragoowansi
MSc, MB, FRCS, FRCS (Plast)

All information was correct at time of going to press



Masterclass Events Location

How to find London Zoo

From Camden Town Station (15 minute walk)

Camden Town is the nearest tube station to ZSL London Zoo with its Northern Line connection.

- Exit the station on the right-hand side and walk along Parkway
- Continue walking up Parkway for about 6 minutes until you reach Prince Albert Road
- Turn right into Prince Albert Road and continue for about five minutes until you reach the traffic-light controlled pedestrian crossing
- Cross left here and walk over the Regent's Canal footbridge
- Turn right and ZSL London Zoo is then 200 metres up the road on the left-hand side.

Alternatively, ZSL London Zoo visitors can use Regent's Park Tube station (Bakerloo Line) or Baker Street Station (Jubilee, Bakerloo & Metropolitan lines):

From Regent's Park Station (20 minute walk)

- Exit the station and turn right
- Cross the Marylebone Road and turn left immediately into Park Square East
- Continue until you reach the entrance to Regent's Park on the corner of the outer circle
- Walk through the Park along the Broad Walk (heading north) until you reach the outer circle again. Turn left onto the outer circle
- ZSL London Zoo's entrance is 200 metres on the left.

Directions from Baker Street

- Catch the 274 bus from Baker Street to Ormonde Terrace

Or if you fancy a 30 minute walk:

- Exit the station on Baker Street
- Turn right and walk to the end of Baker street
- Cross over Park Road and turn left onto the outer circle
- Follow this road until you reach the Zoo's main entrance on your right.

Huxley Lecture Theatre

This is located a couple of hundred metres from the main Zoo entrance, on the opposite side of the road. It is just a few minutes walk from the car park.



1 Men's toilets	11 Food & drink	13 First Aid & lost children	14 Cashpoint	15 Information
2 Women's toilets	12 Snacks (seasonal)	14 Baby changing & feeding	15 Gift shop	16 Picnic Area
3 Disabled visitor's toilets	13 Shelter for visitors	14 Membership	16 Recycle point	17 Souvenir Photographs

Green line trail
The green line trail takes you around the whole zoo.

Masterclass Series

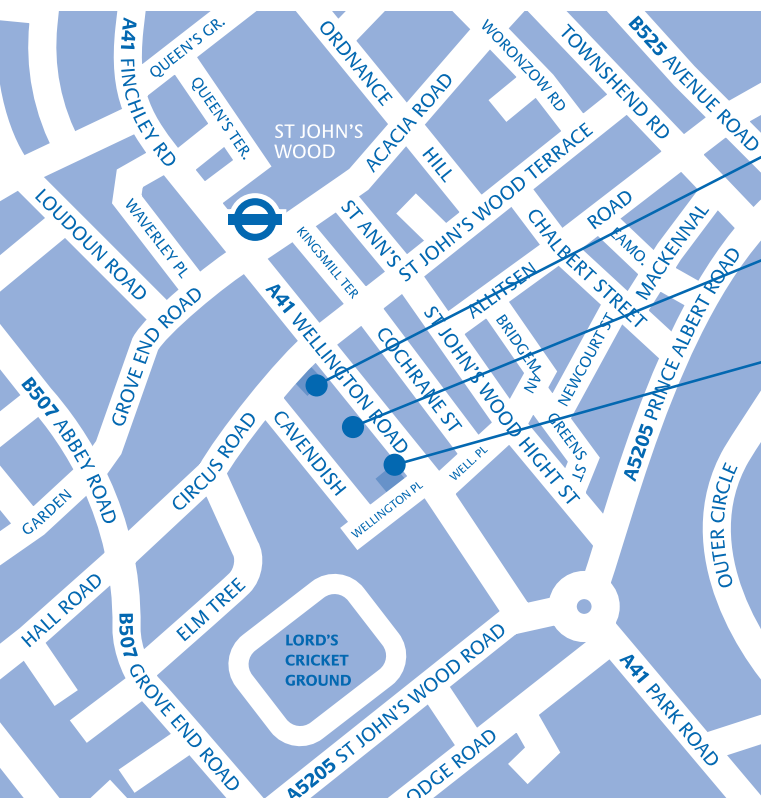


Orthopaedic Masterclass Series 2010

The Wellington Hospital
Wellington Place
St. Johns Wood
London NW8 9LE

Tel 020 7586 5959
Fax 020 7586 1960

www.thewellingtonhospital.com



The Wellington Hospital North

Wellington Central

The Wellington Hospital South

Nearest London Underground Station

St. John's Wood on the Jubilee Line.

Parking

Limited pay & display parking is available in surrounding streets and a Masterpark car park is in Kingsmill Terrace.

HCA London's No1 Private Hospital Group



HCA

THE HARLEY STREET CLINIC

THE LISTER HOSPITAL
chelsea

London Bridge Hospital

The Portland Hospital
for Women and Children

THE PRINCESS GRACE HOSPITAL

HARLEY STREET AT UCH